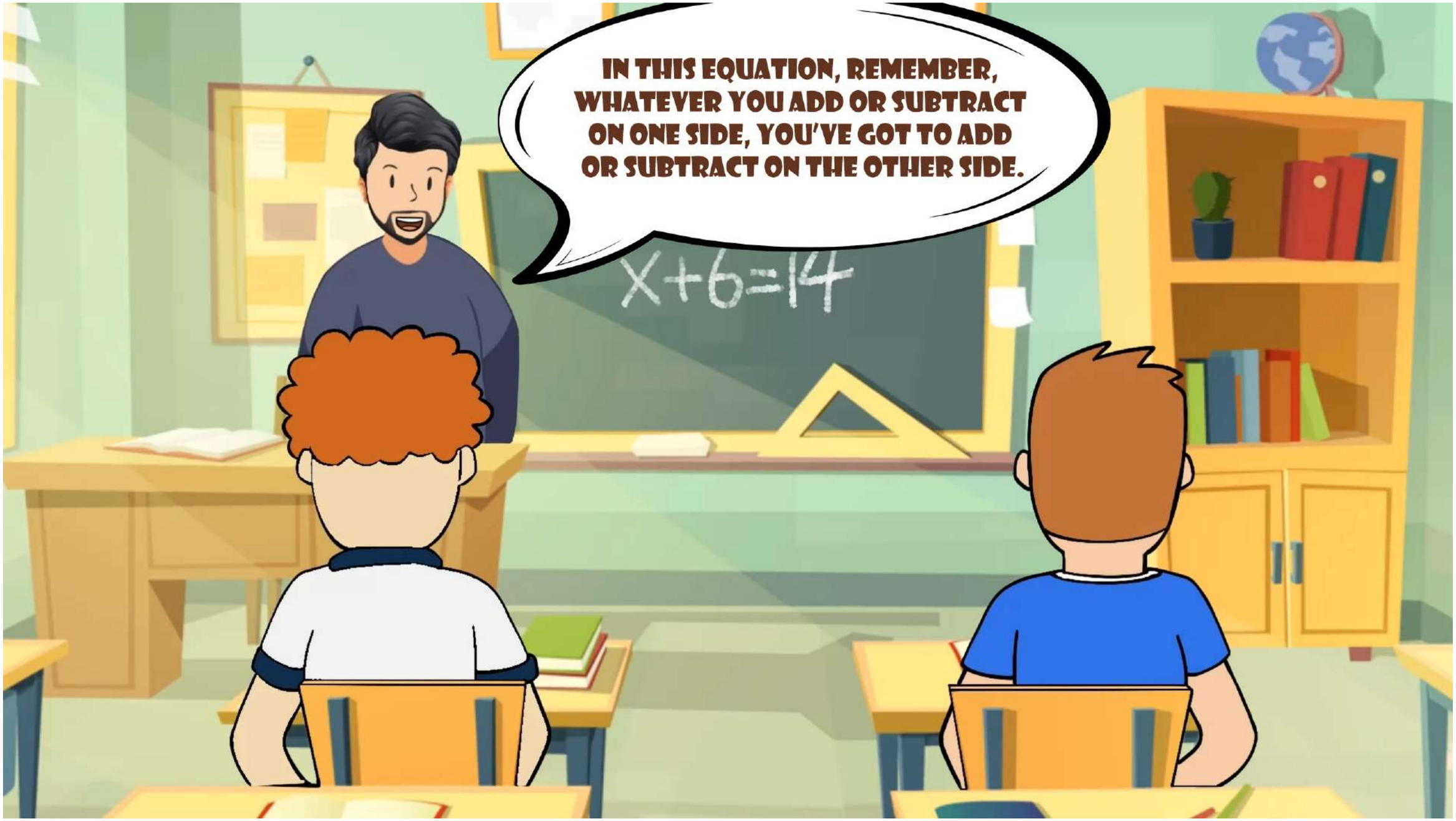
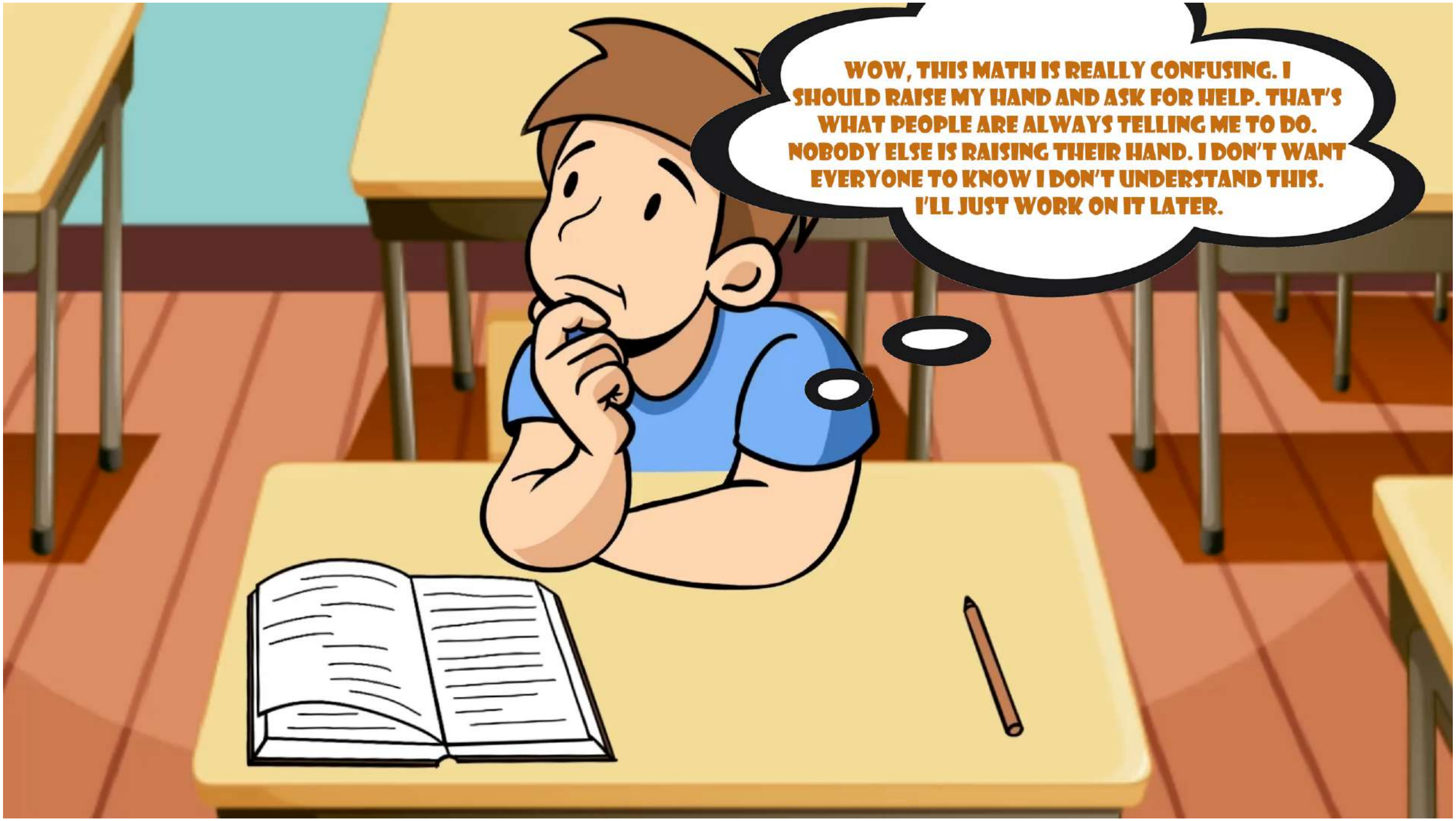
autism

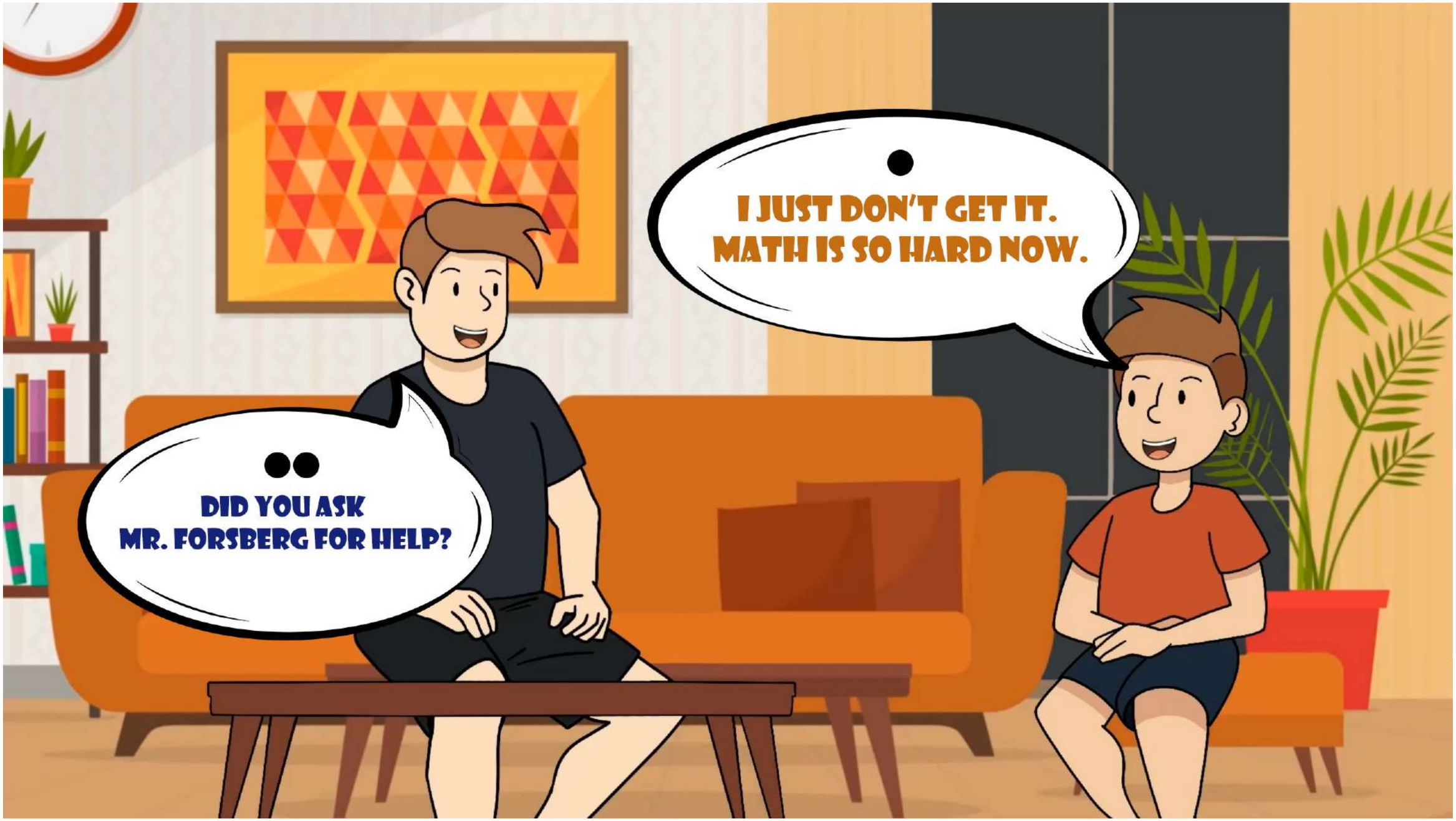
behavior services inc

Raising Your Hand When You Need Help

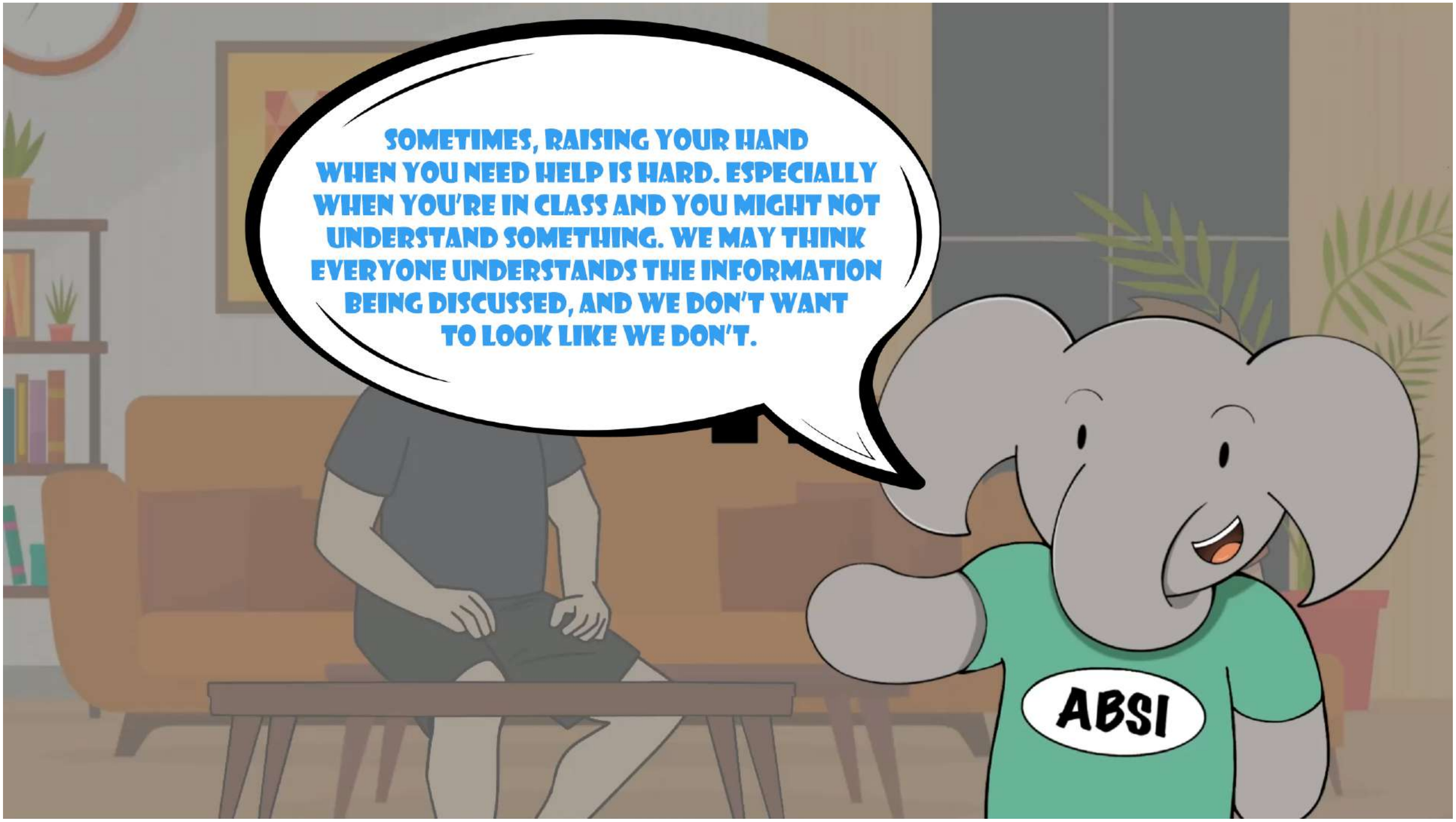
From Autism Behavior Services, Inc.

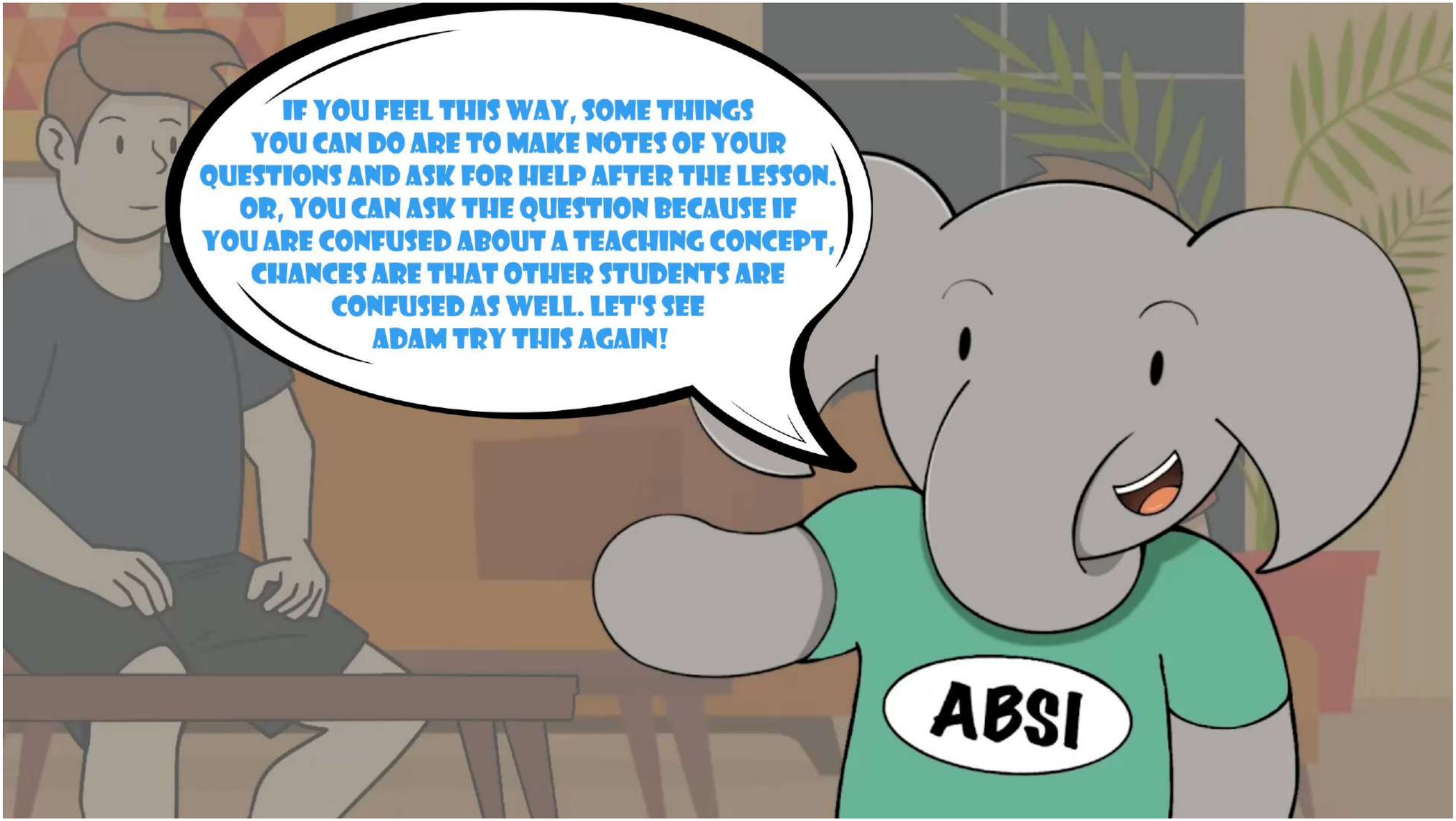

IN THIS EQUATION, REMEMBER, WHATEVER YOU ADD OR SUBTRACT ON ONE SIDE, YOU'VE GOT TO ADD OR SUBTRACT ON THE OTHER SIDE.
X+6=14

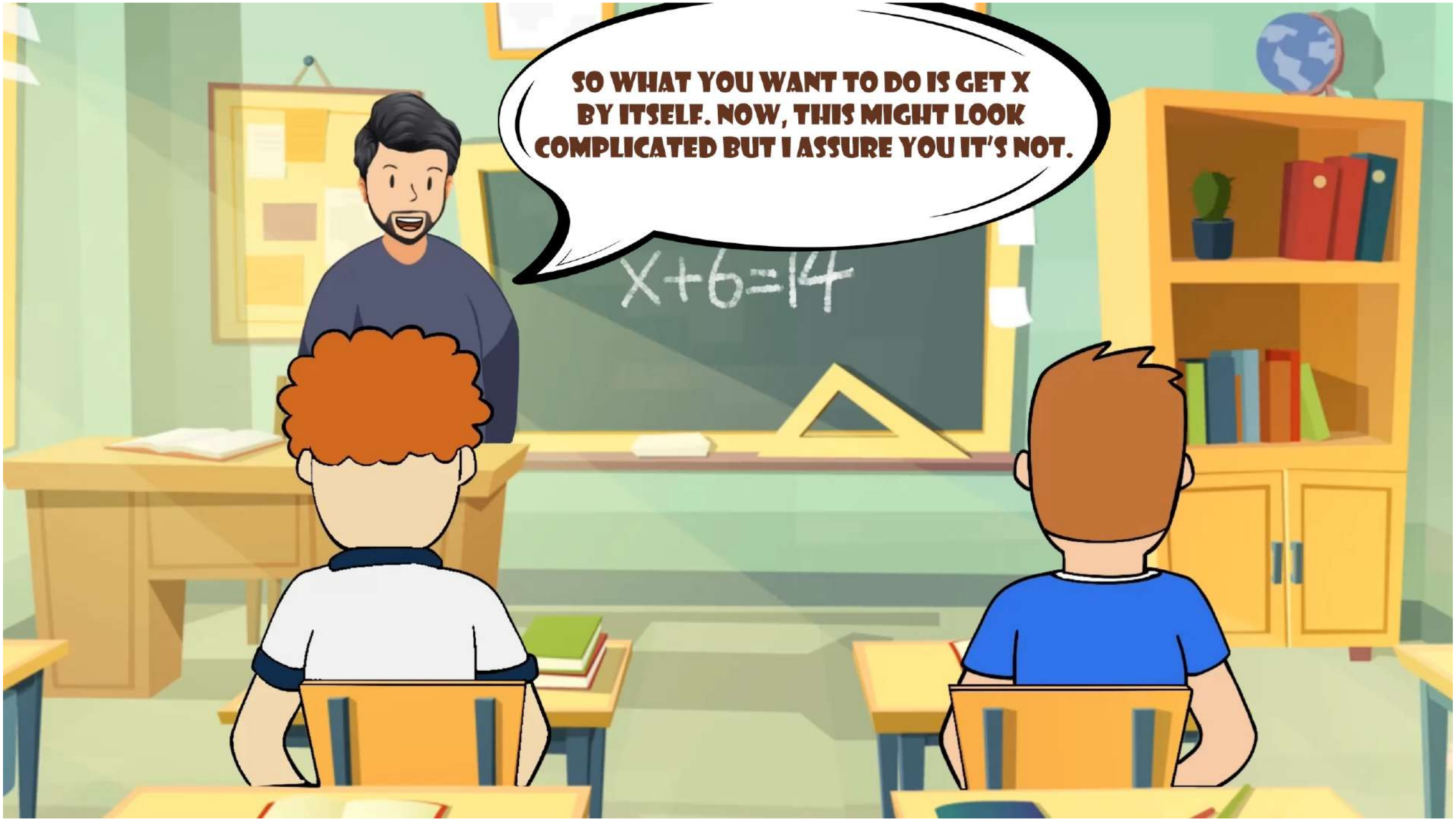

WOW, THIS MATH IS REALLY CONFUSING. I SHOULD RAISE MY HAND AND ASK FOR HELP. THAT'S WHAT PEOPLE ARE ALWAYS TELLING ME TO DO. NOBODY ELSE IS RAISING THEIR HAND. I DON'T WANT EVERYONE TO KNOW I DON'T UNDERSTAND THIS. I'LL JUST WORK ON IT LATER.

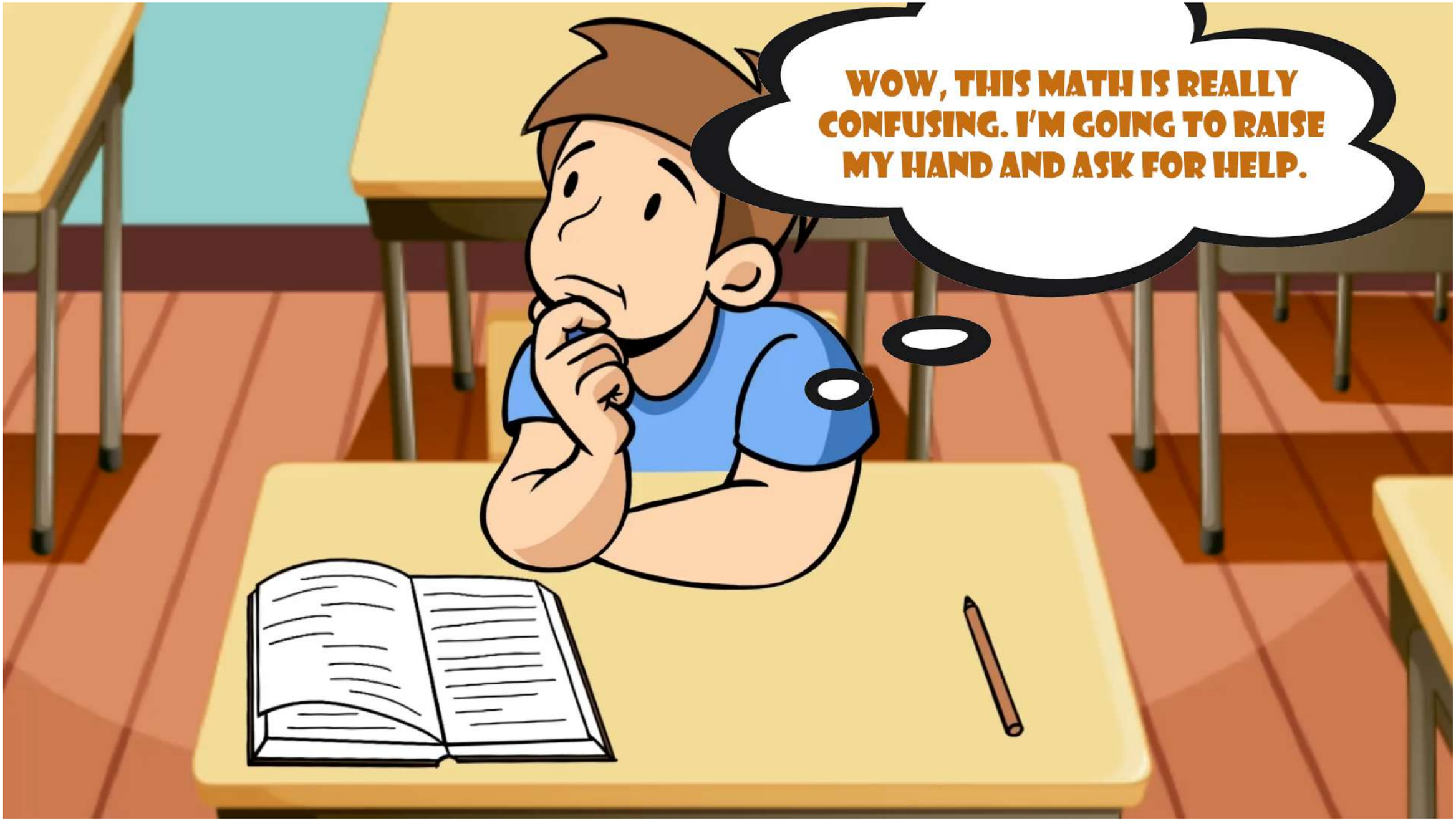

I JUST DON'T GET IT.
MATH IS SO HARD NOW.
DID YOU ASK
MR. FORSBERG FOR HELP?

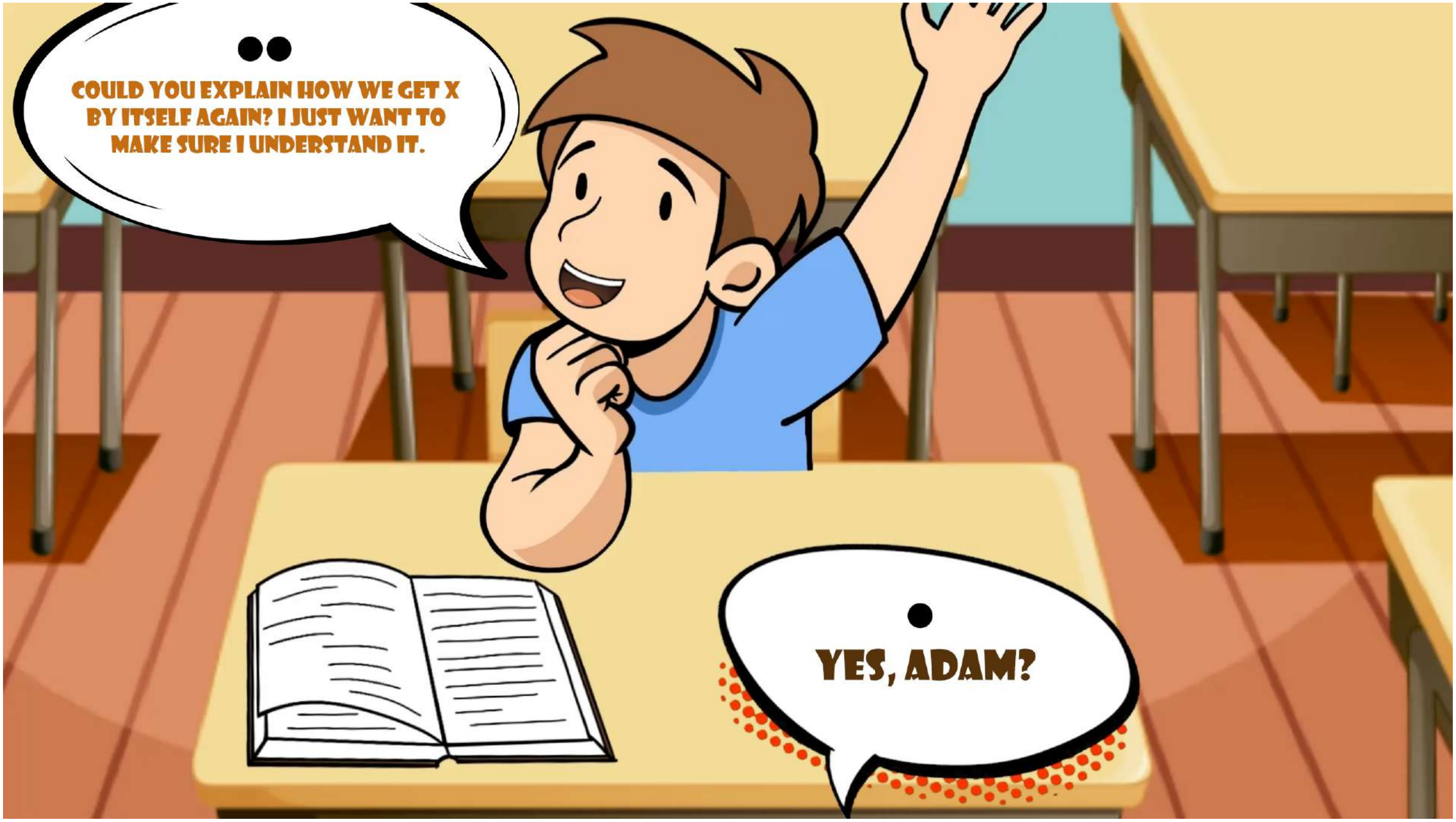
NO, BUT NOBODY ELSE WAS ASKING QUESTIONS. I DIDN'T WANT TO BE THE ONLY ONE ASKING FOR HELP.

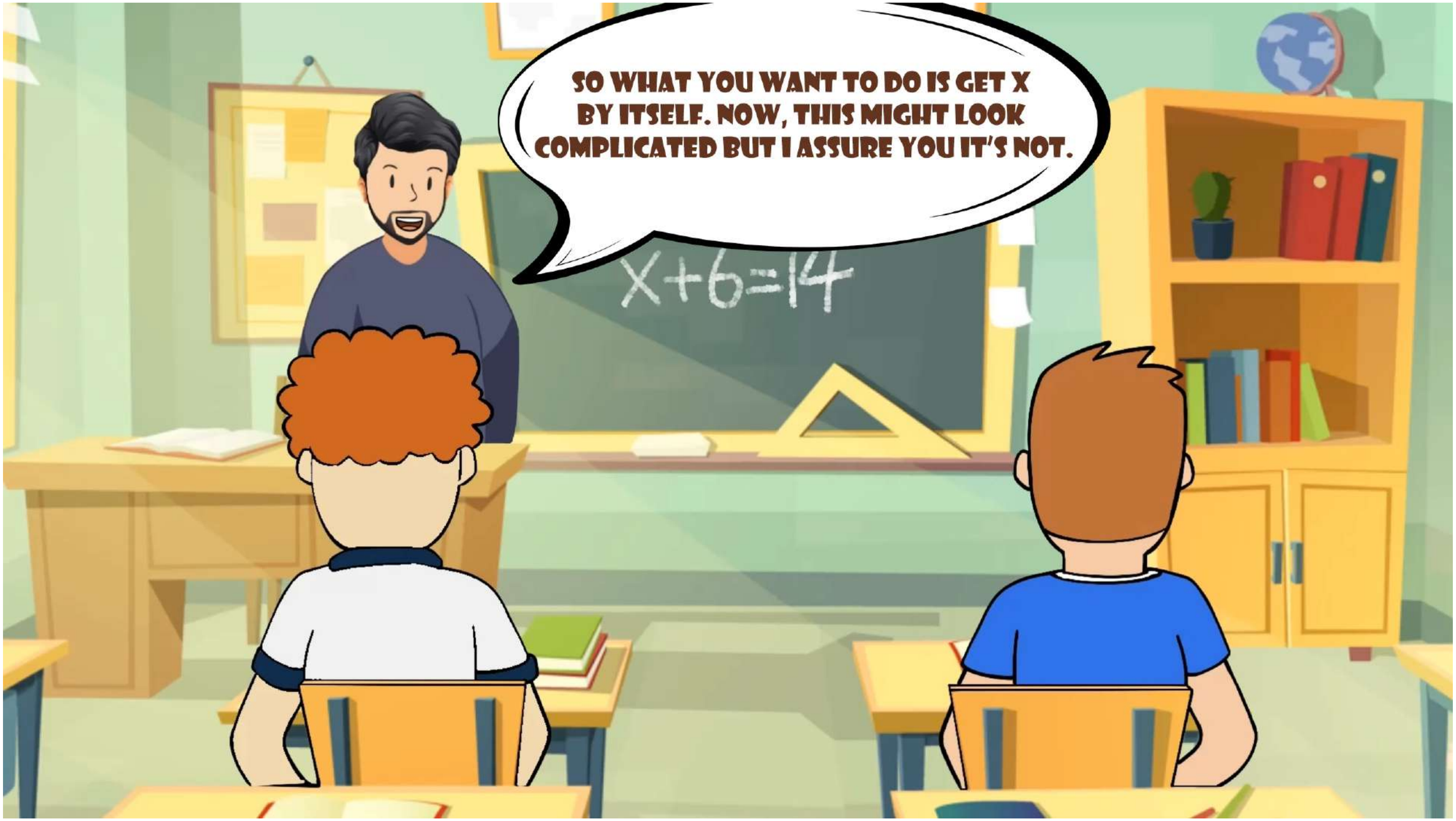

SOMETIMES, RAISING YOUR HAND WHEN YOU NEED HELP IS HARD. ESPECIALLY WHEN YOU'RE IN CLASS AND YOU MIGHT NOT UNDERSTAND SOMETHING. WE MAY THINK EVERYONE UNDERSTANDS THE INFORMATION BEING DISCUSSED, AND WE DON'T WANT TO LOOK LIKE WE DON'T.
ABSI


IF YOU FEEL THIS WAY, SOME THINGS YOU CAN DO ARE TO MAKE NOTES OF YOUR QUESTIONS AND ASK FOR HELP AFTER THE LESSON. OR, YOU CAN ASK THE QUESTION BECAUSE IF YOU ARE CONFUSED ABOUT A TEACHING CONCEPT, CHANCES ARE THAT OTHER STUDENTS ARE CONFUSED AS WELL. LET'S SEE ADAM TRY THIS AGAIN!
ABSI


SO WHAT YOU WANT TO DO IS GET X BY ITSELF. NOW, THIS MIGHT LOOK COMPLICATED BUT I ASSURE YOU IT'S NOT.
X+6=14


WOW, THIS MATH IS REALLY CONFUSING. I'M GOING TO RAISE MY HAND AND ASK FOR HELP.


COULD YOU EXPLAIN HOW WE GET X BY ITSELF AGAIN? I JUST WANT TO MAKE SURE I UNDERSTAND IT.
YES, ADAM?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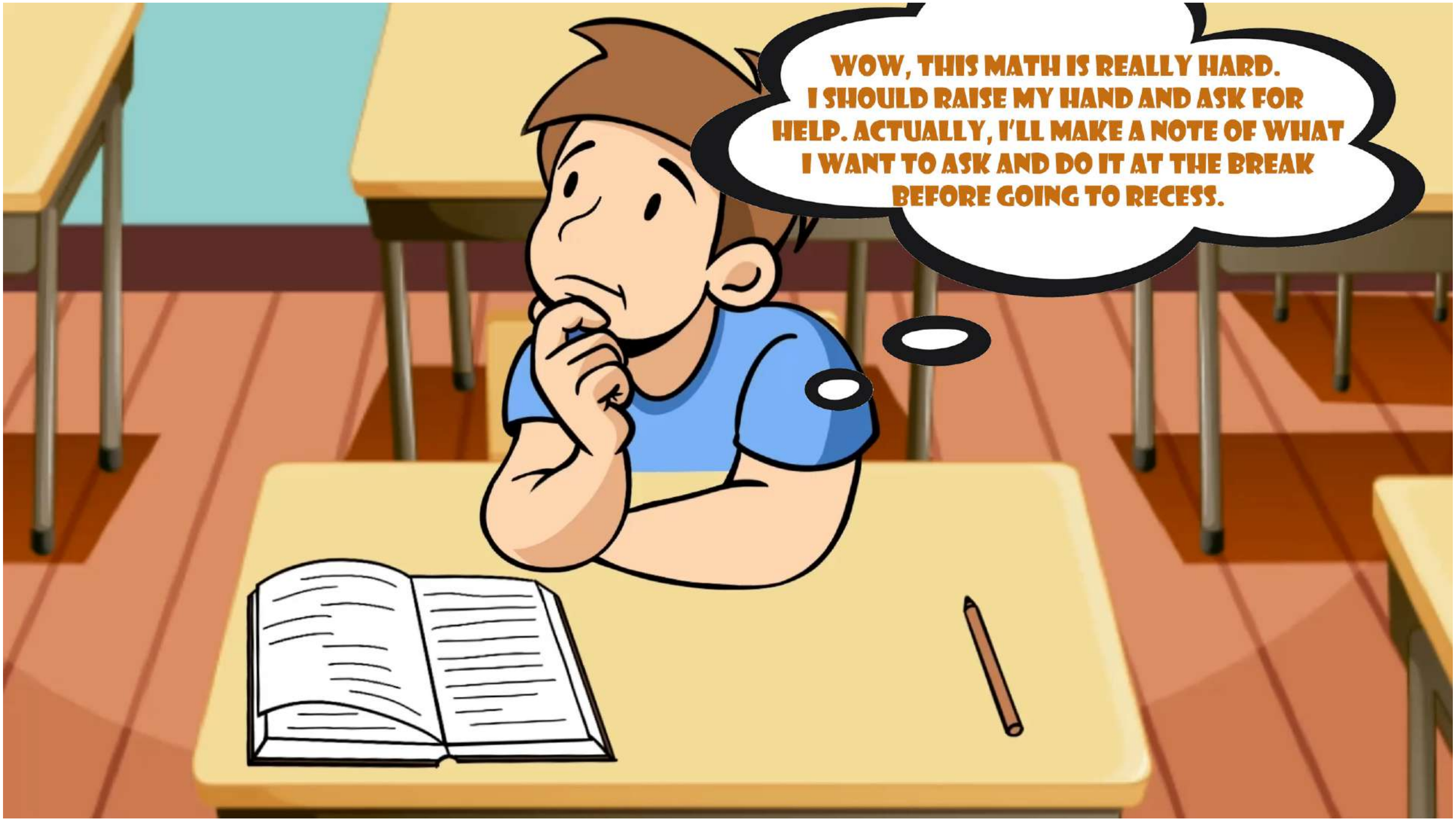
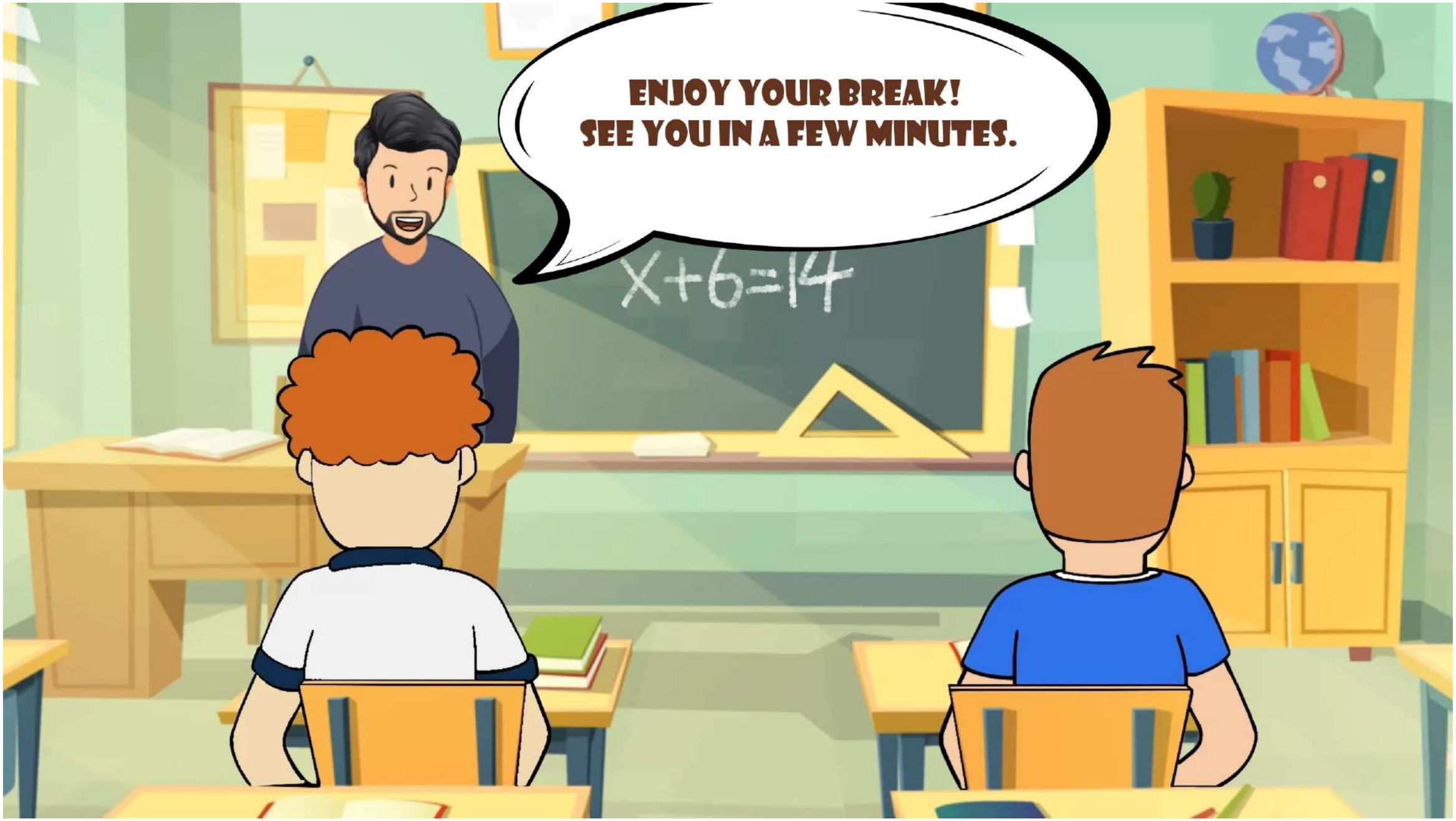
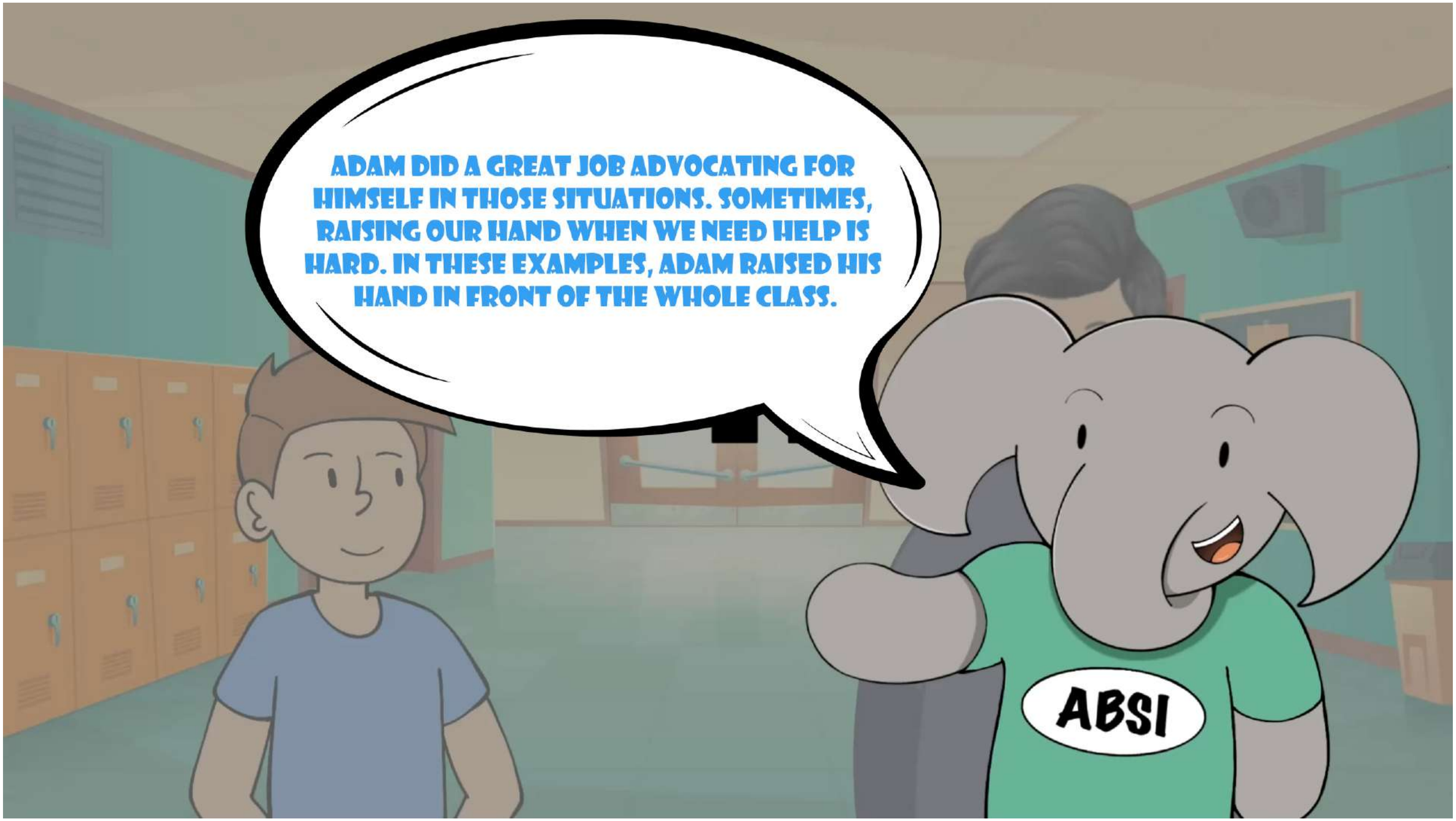
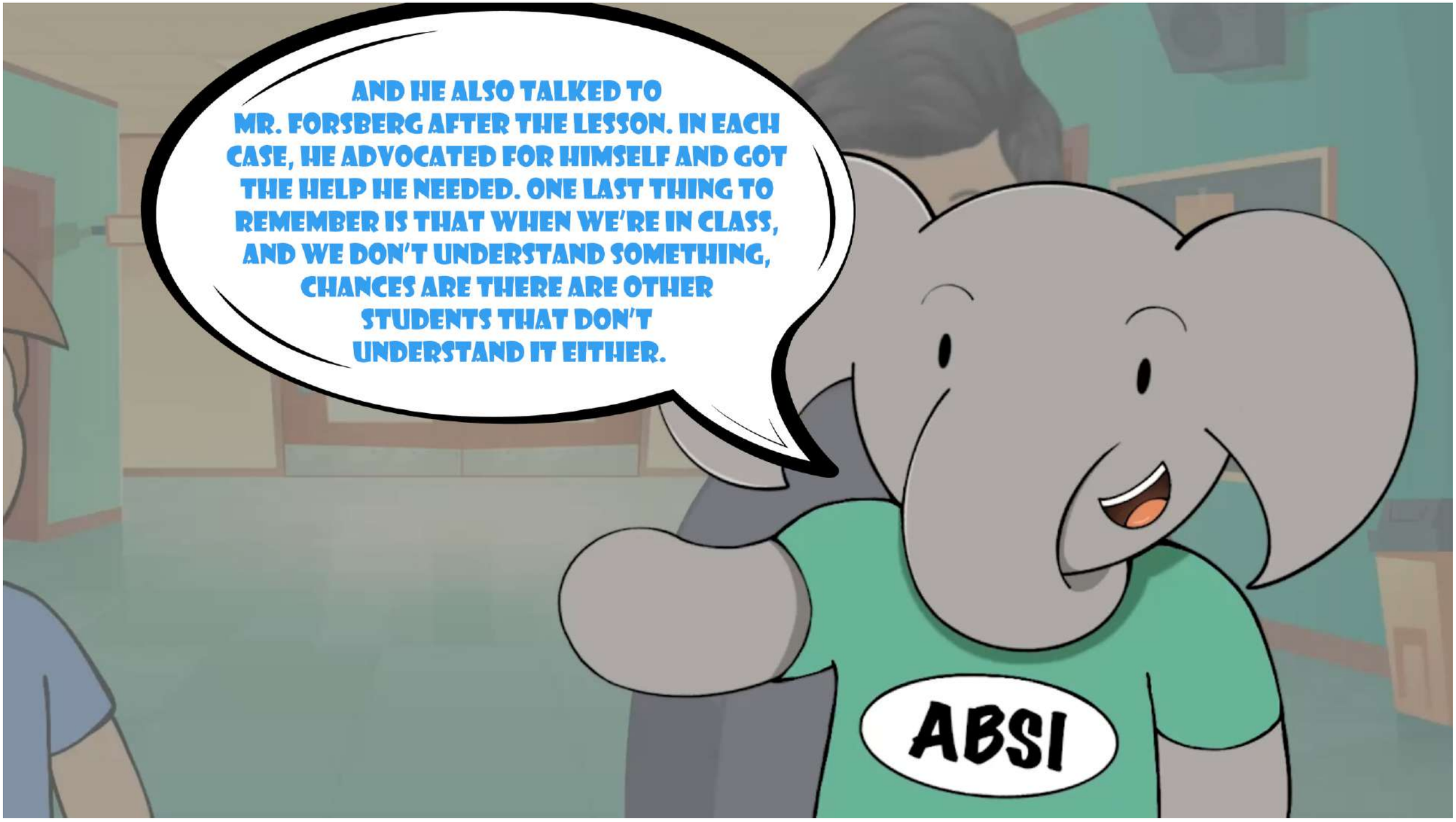
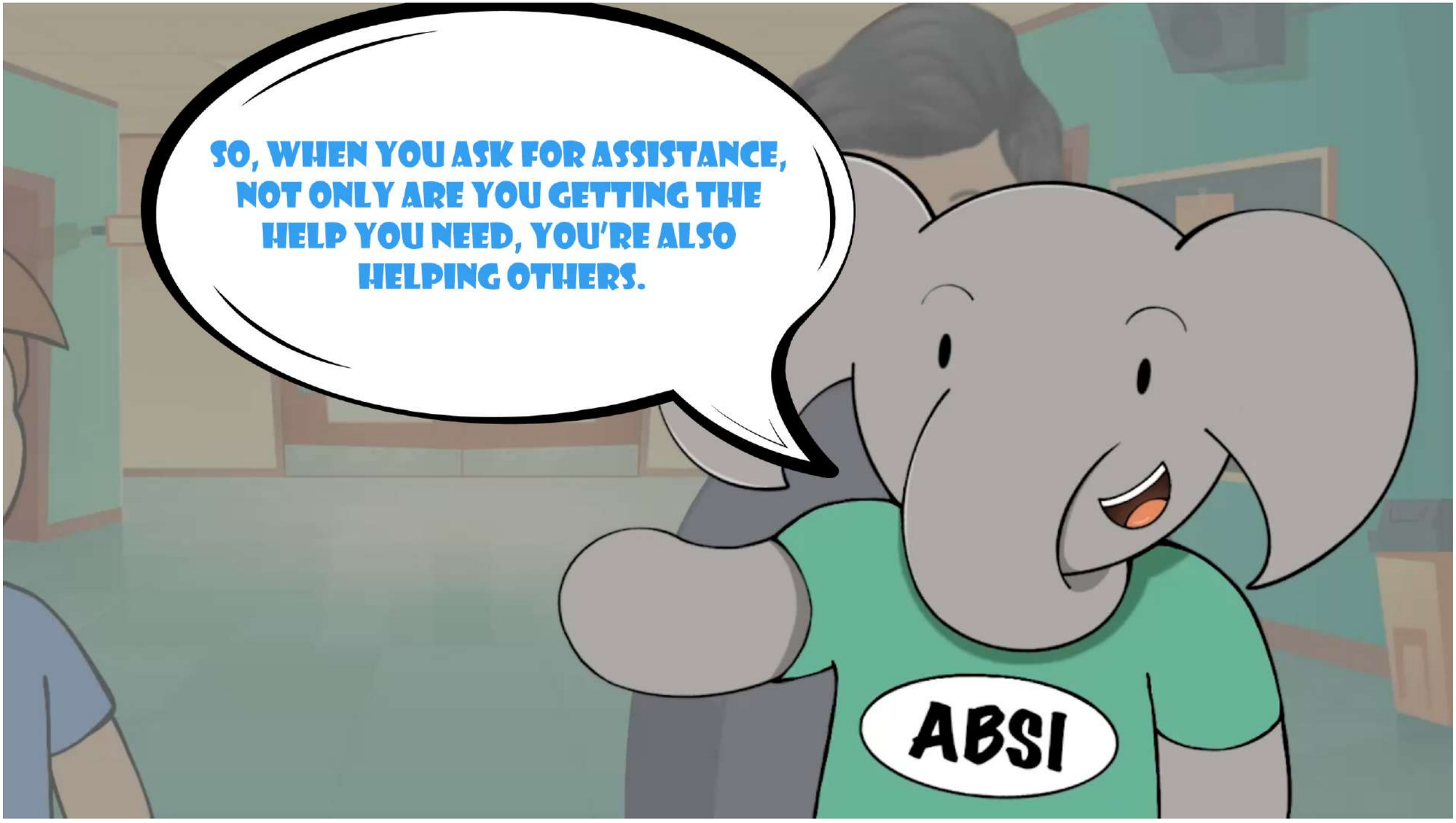

WOW, THIS MATH IS REALLY HARD. I SHOULD RAISE MY HAND AND ASK FOR HELP. ACTUALLY, I'LL MAKE A NOTE OF WHAT I WANT TO ASK AND DO IT AT THE BREAK BEFORE GOING TO RECESS.


ENJOY YOUR BREAK!
SEE YOU IN A FEW MINUTES.
X+6=14

MR. FORSBERG,
I HAD A QUESTION ABOUT
THE MATH LESSON.
GREAT!
HOW CAN I HELP YOU?


ADAM DID A GREAT JOB ADVOCATING FOR HIMSELF IN THOSE SITUATIONS. SOMETIMES, RAISING OUR HAND WHEN WE NEED HELP IS HARD. IN THESE EXAMPLES, ADAM RAISED HIS HAND IN FRONT OF THE WHOLE CLASS.
ABSI


AND HE ALSO TALKED TO MR. FORSBERG AFTER THE LESSON. IN EACH CASE, HE ADVOCATED FOR HIMSELF AND GOT THE HELP HE NEEDED. ONE LAST THING TO REMEMBER IS THAT WHEN WE'RE IN CLASS, AND WE DON'T UNDERSTAND SOMETHING, CHANCES ARE THERE ARE OTHER STUDENTS THAT DON'T UNDERSTAND IT EITHER.
ABSI


SO, WHEN YOU ASK FOR ASSISTANCE, NOT ONLY ARE YOU GETTING THE HELP YOU NEED, YOU'RE ALSO HELPING OTHERS.
ABSI

WH Questions

1) What is Adam NOT doing in class when he needs help?

2) True or False, if you are confused about something being taught other students might be confused too?

3) When can you ask a question if you don't want to do it in front of the class?

For More Resources
and Information please visit:

www.autismbehaviorservices.com

For More Information on
Autism or Careers in autism please contact:

1-855-581-0100

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