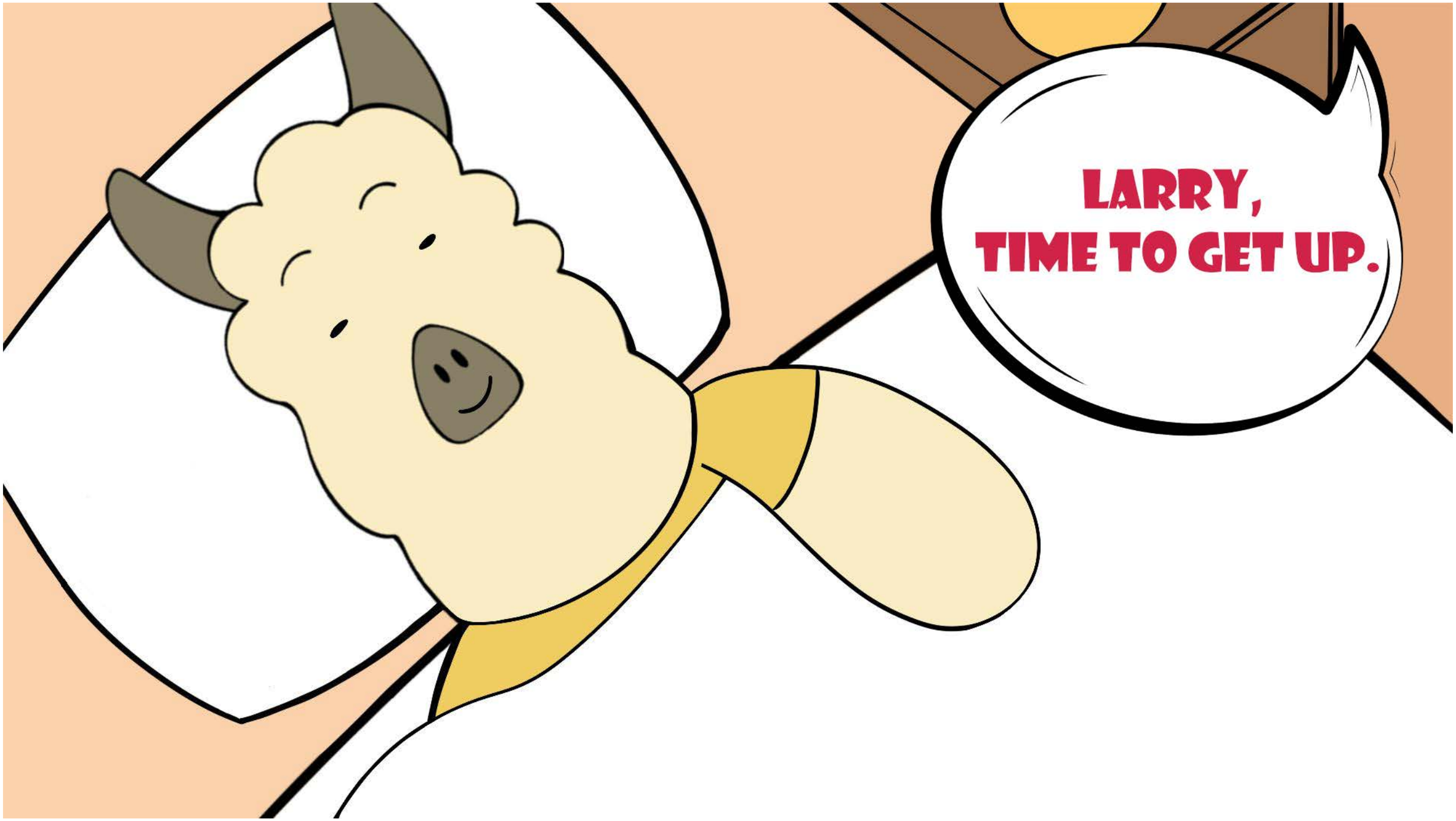
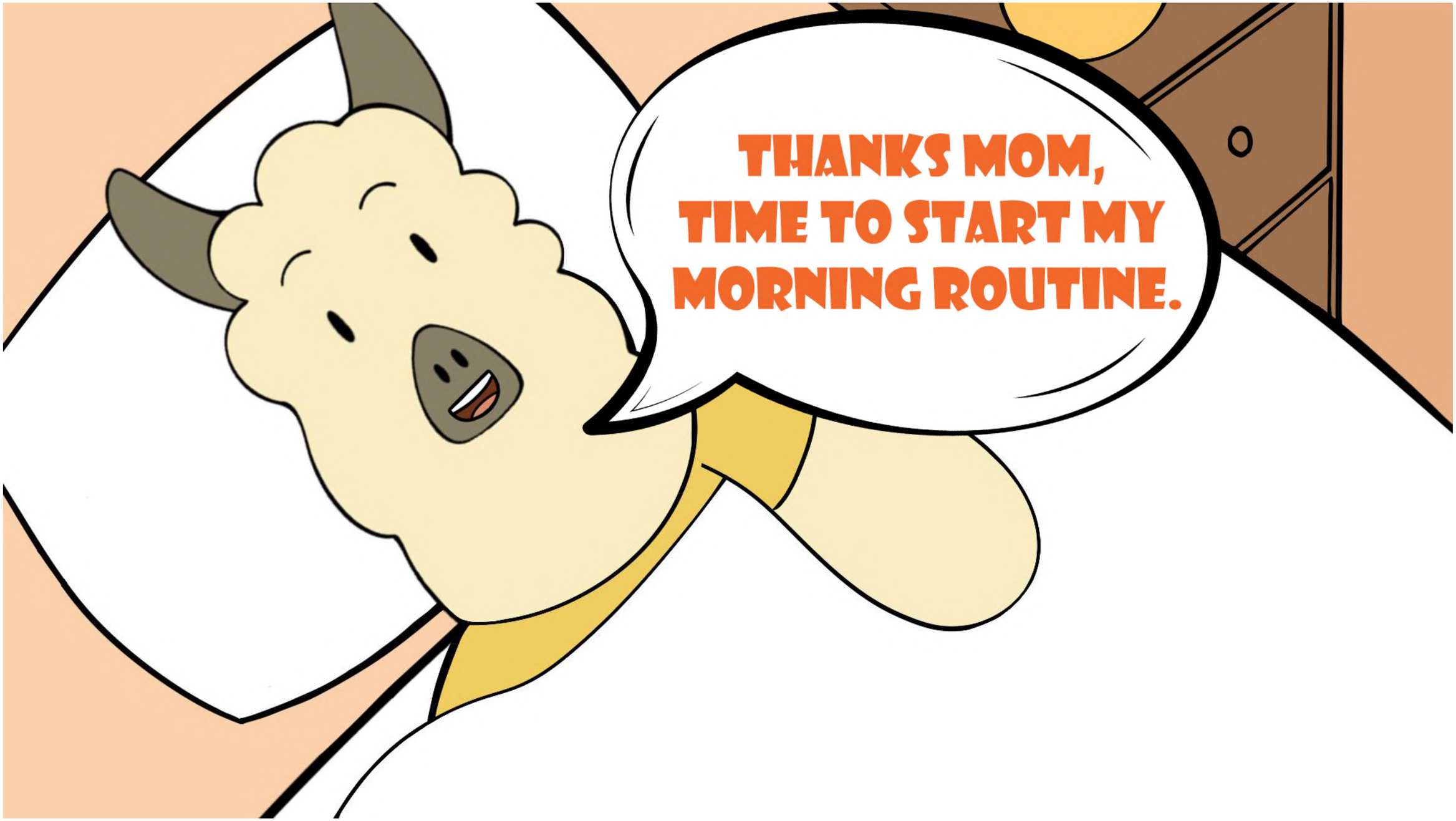
autism
behavior services inc

Morning Routine

From Autism Behavior Services, Inc.

BEEP
BEEP
6:30
BEEP


LARRY,
TIME TO GET UP.

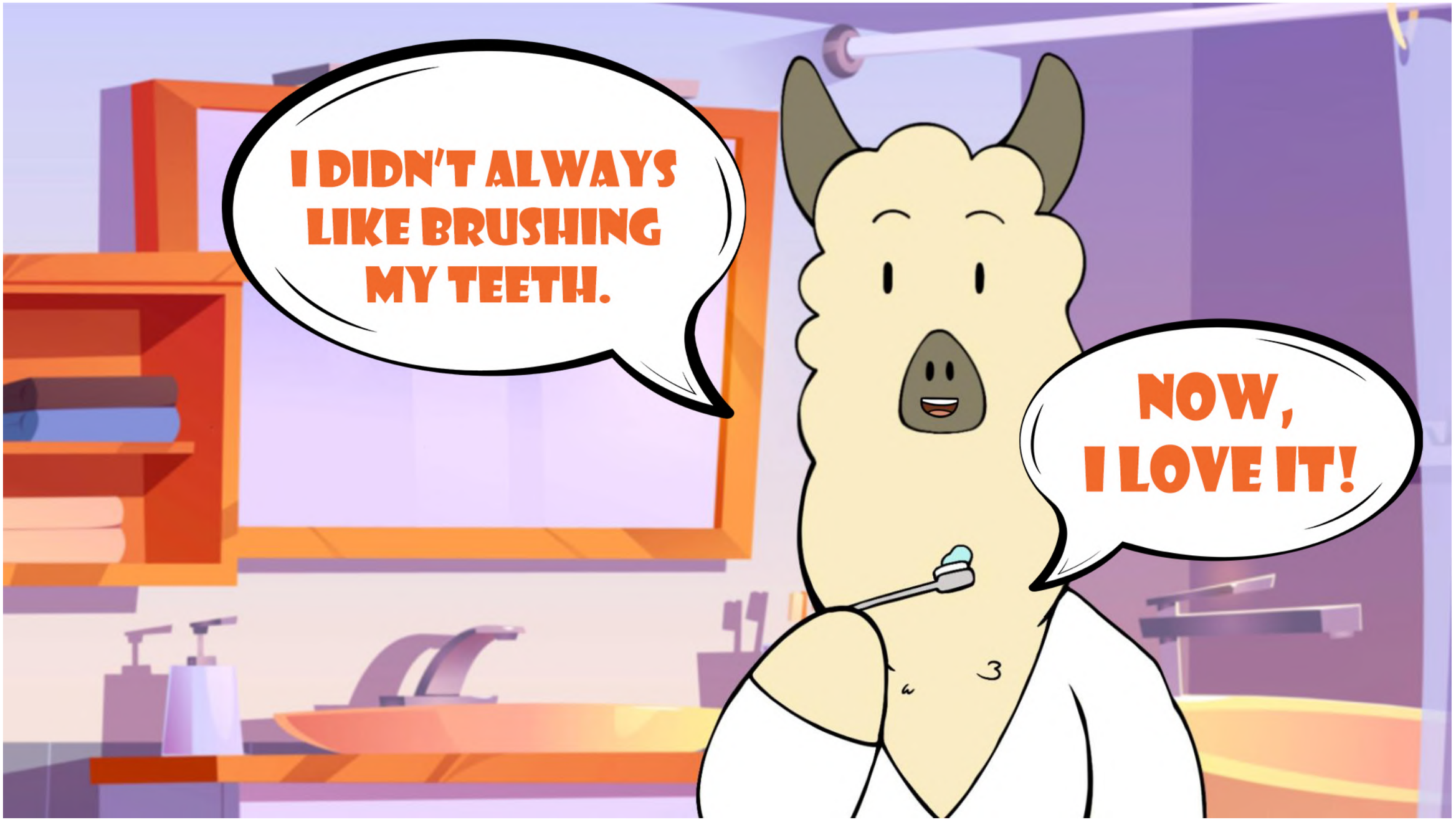

THANKS MOM, TIME TO START MY MORNING ROUTINE.

TIME TO START
MY MORNING ROUTINE
BY TAKING A SHOWER.

THIS WILL GET ME CLEAN AND START MY DAY OFF RIGHT!

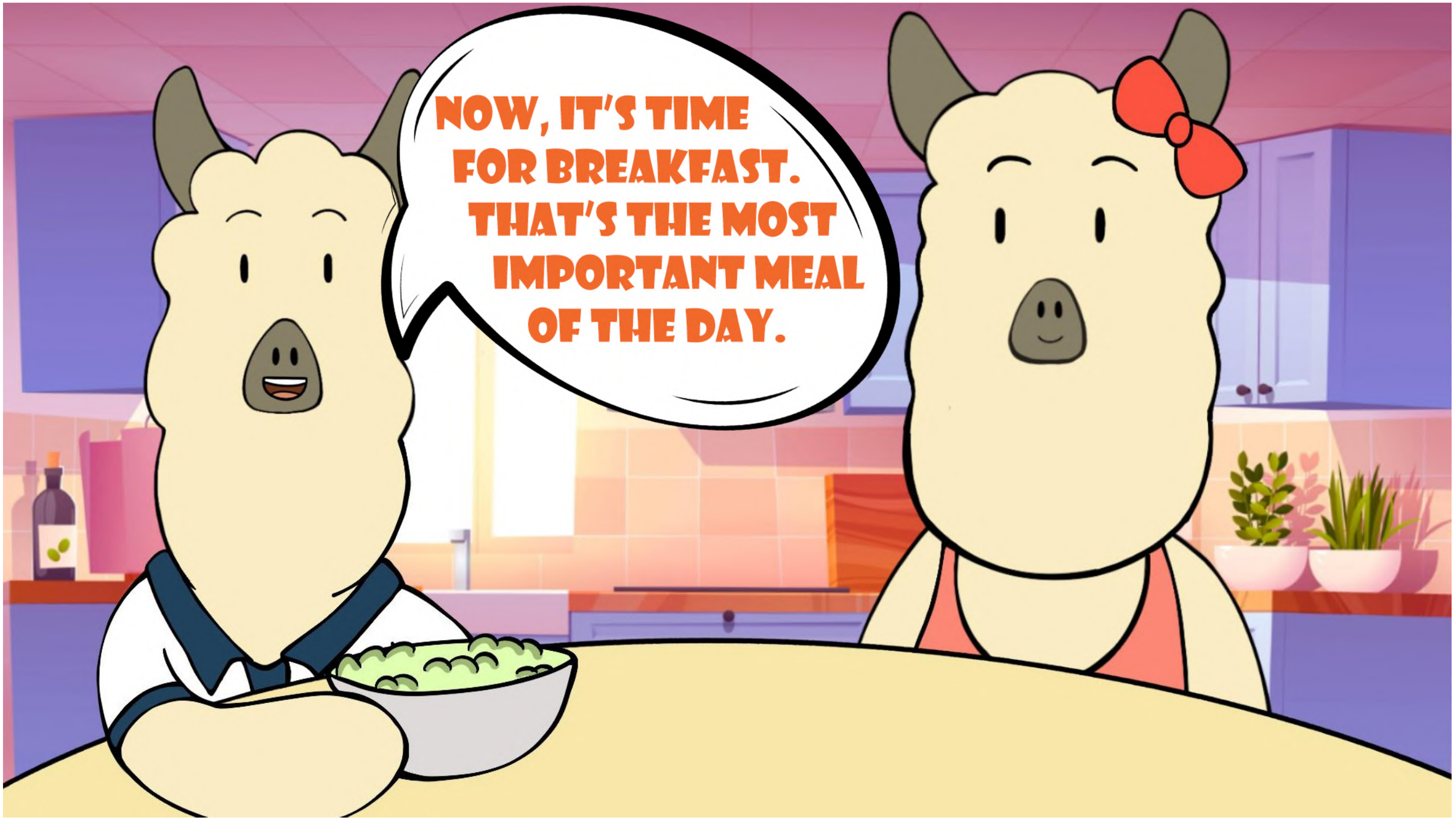
I LOVE TAKING A SHOWER IN THE MORNING.

IT GETS ME CLEAN AND GETS MY MORNING ROUTINE OFF ON THE RIGHT TRACK.

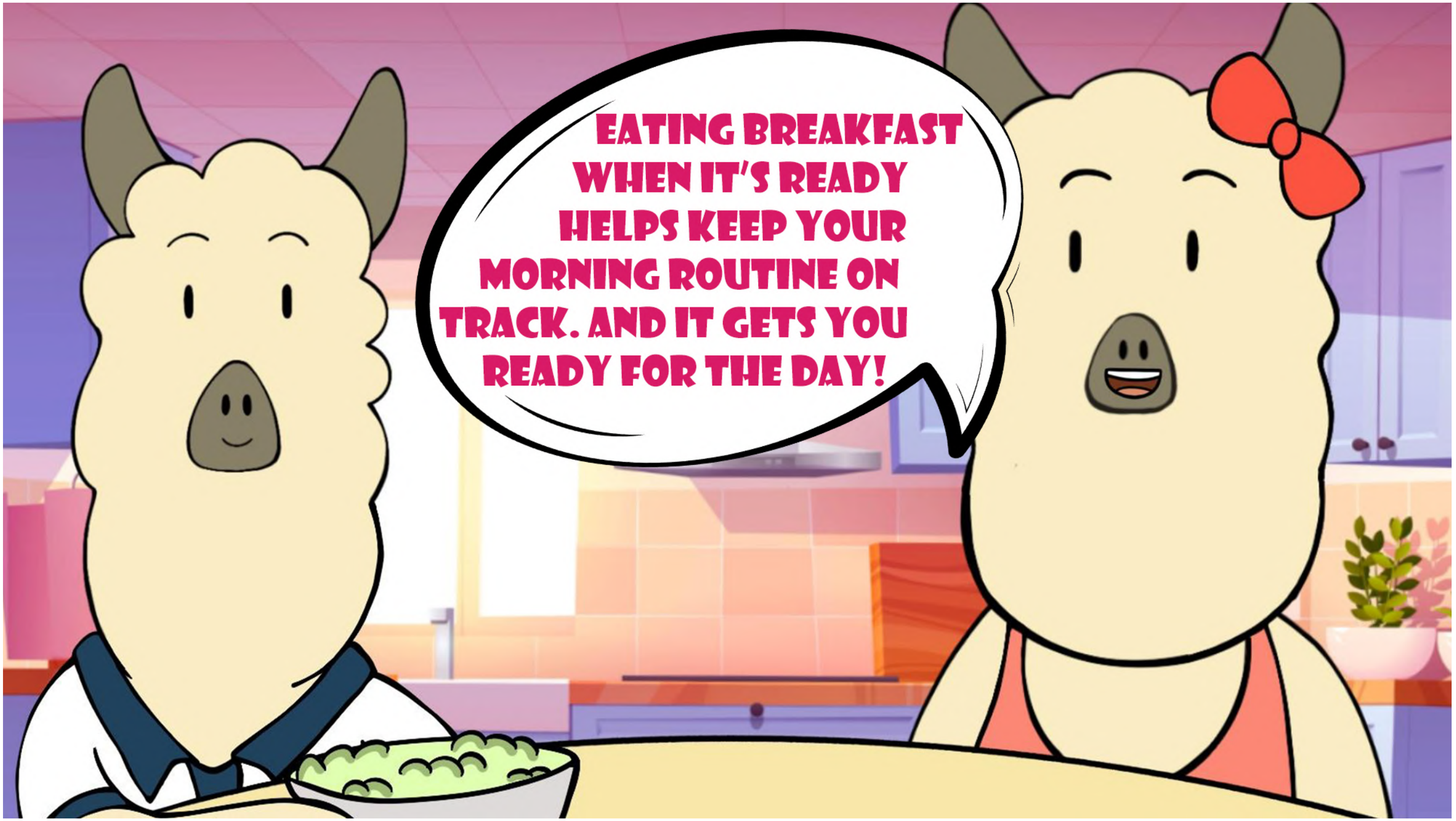

I DIDN'T ALWAYS LIKE BRUSHING MY TEETH.
NOW, I LOVE IT!

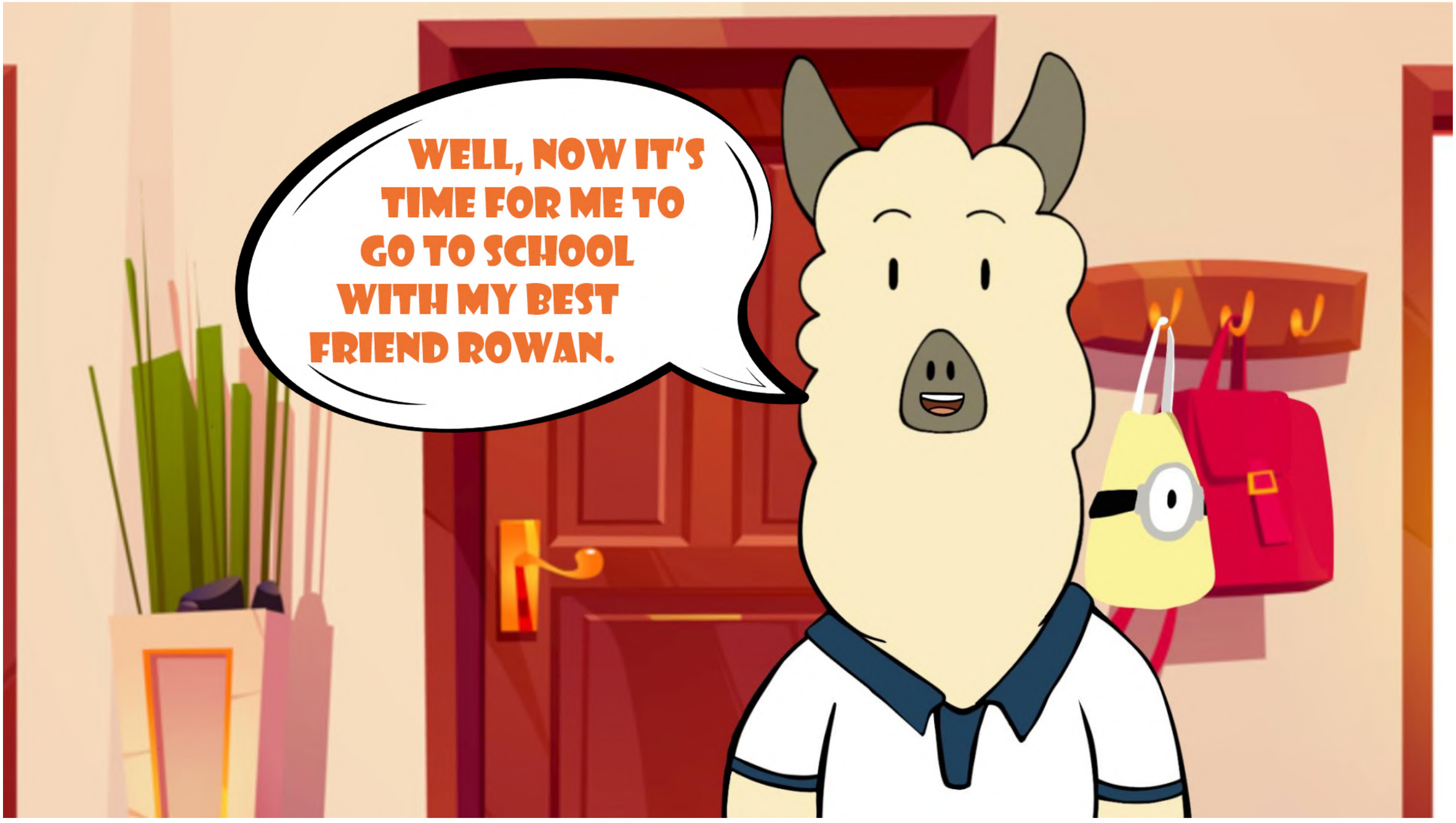
IT KEEPS MY TEETH CLEAN, PREVENTS CAVITIES, AND GIVES ME FRESH BREATH.

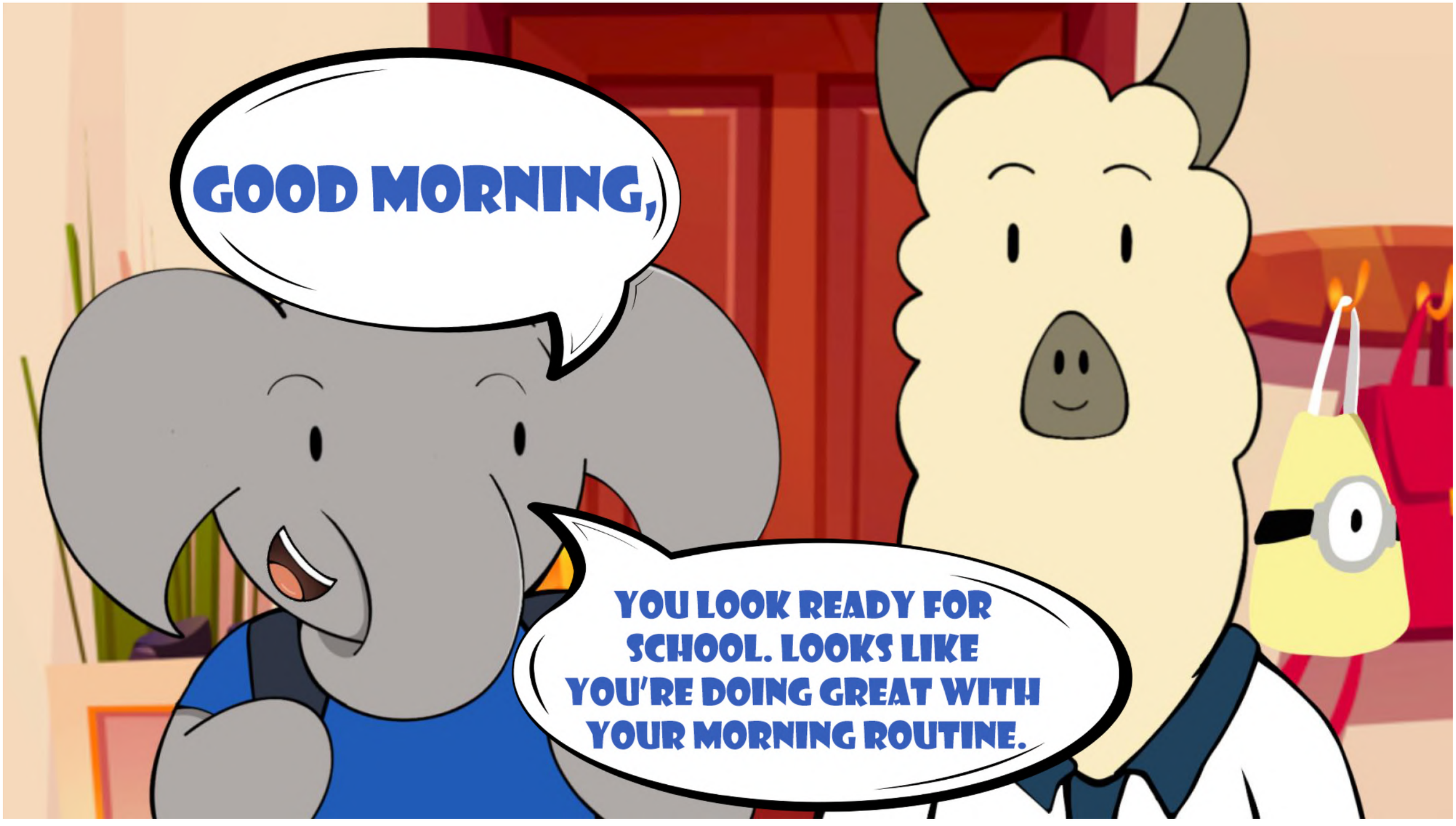
IT SURE WAS NICE OF MY MOM TO LAY MY CLOTHES OUT.
I DON'T KNOW WHAT I'D DO WITHOUT HER.

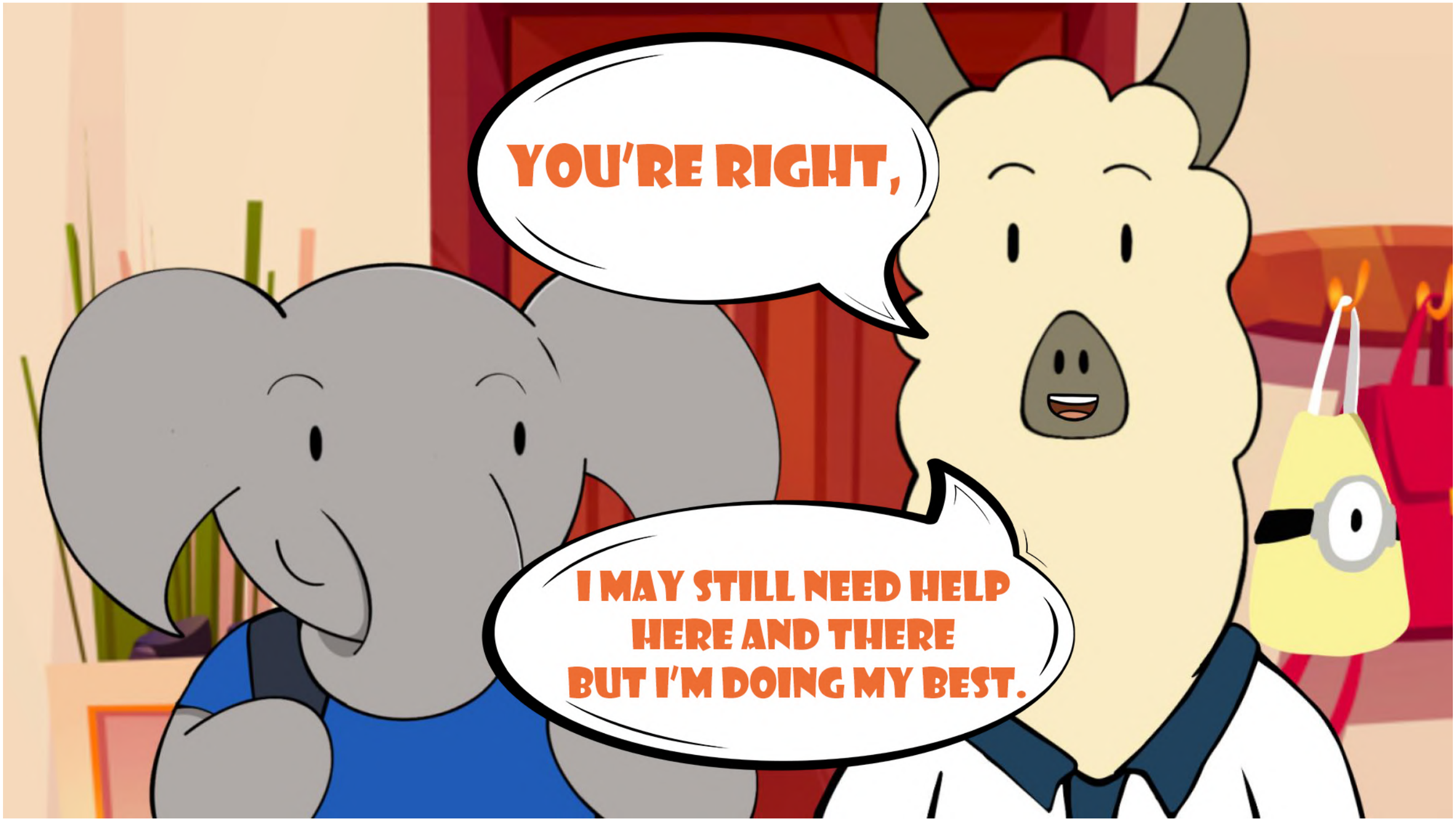

NOW, IT'S TIME FOR BREAKFAST. THAT'S THE MOST IMPORTANT MEAL OF THE DAY.

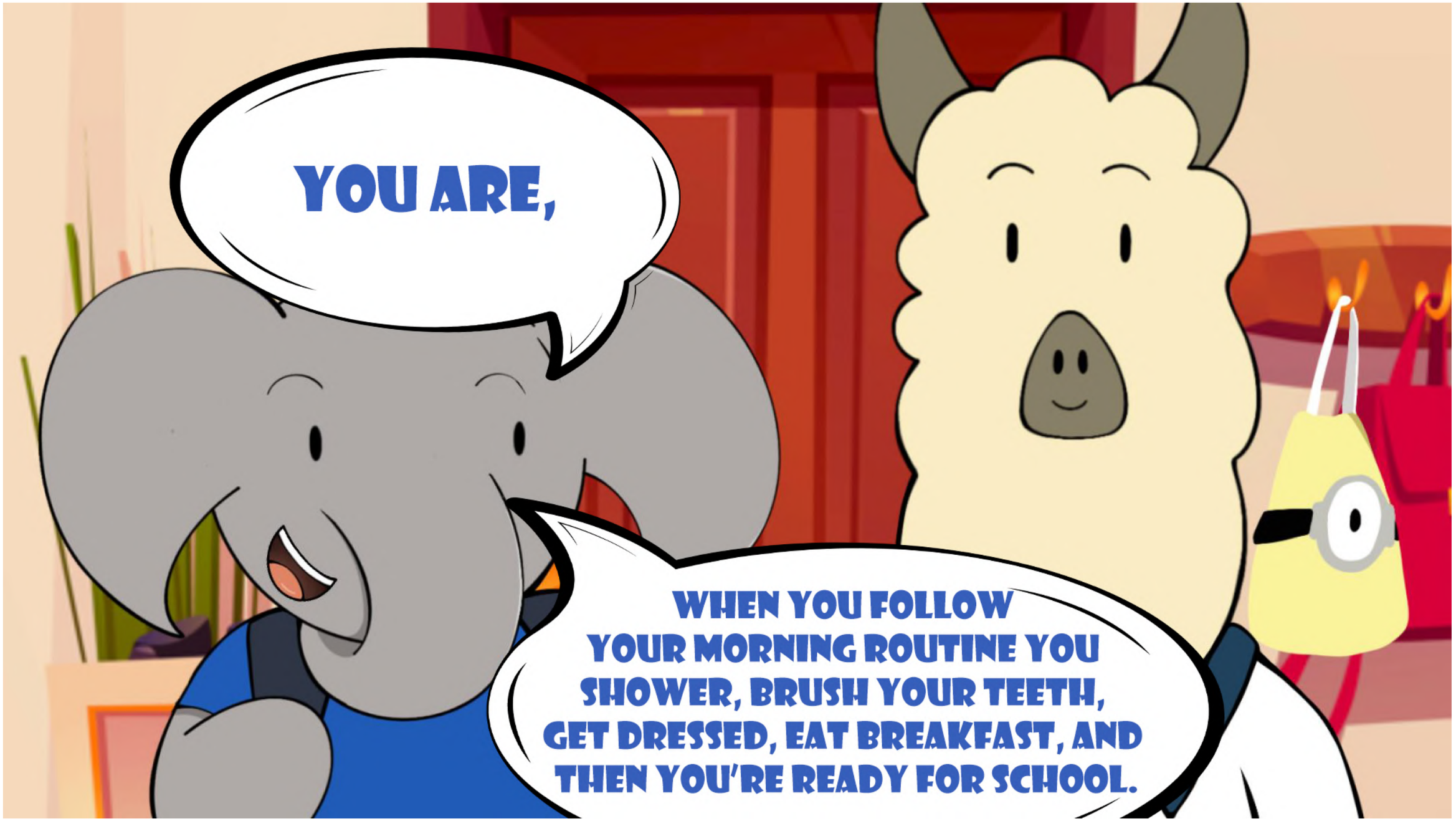
I DO LIKE SUGARY CEREALS. THIS ONE DOESN'T HAVE A LOT OF SUGAR BUT IT'S STILL DEEELICIOUS.

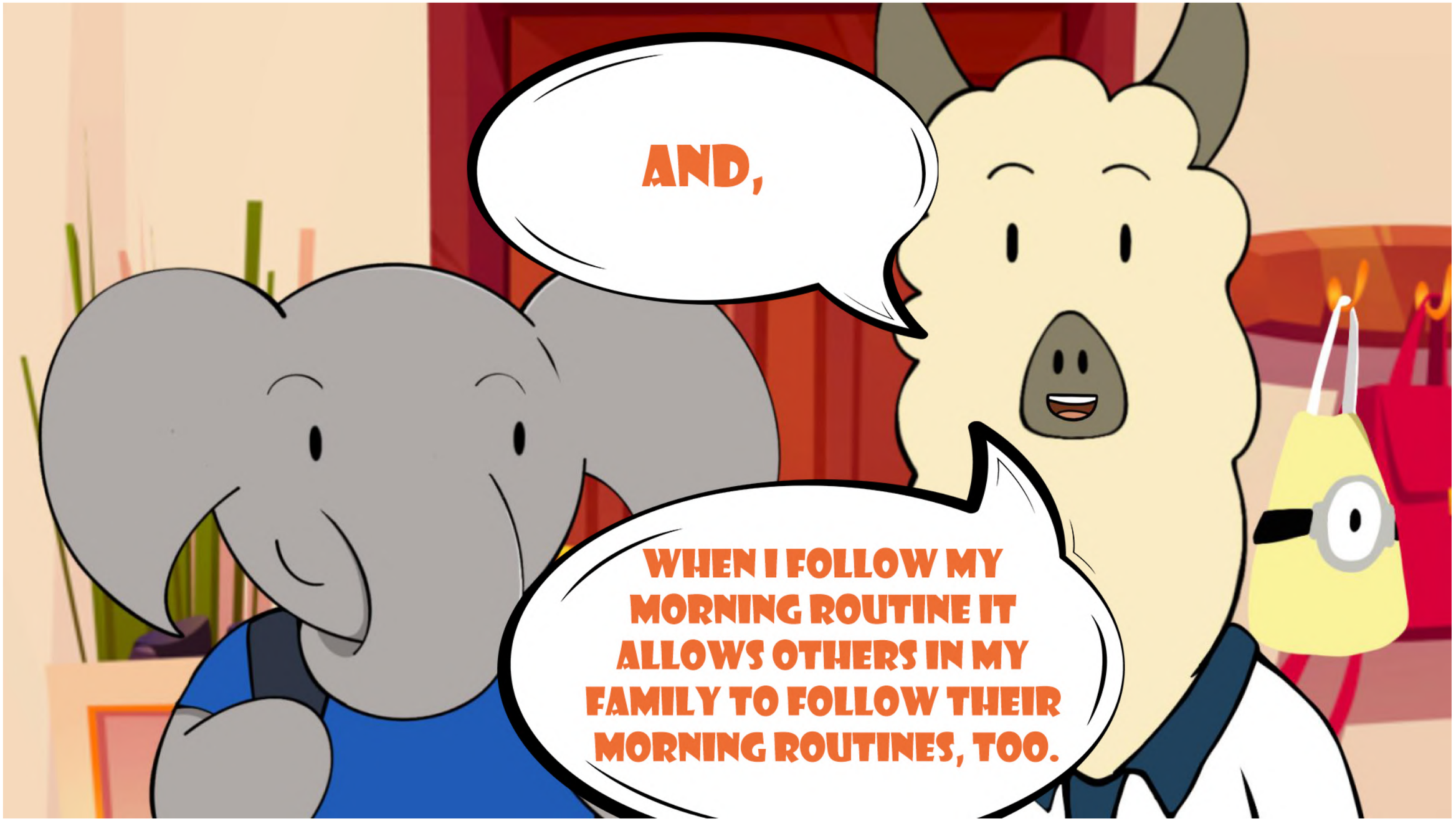

EATING BREAKFAST WHEN IT'S READY HELPS KEEP YOUR MORNING ROUTINE ON TRACK. AND IT GETS YOU READY FOR THE DAY!

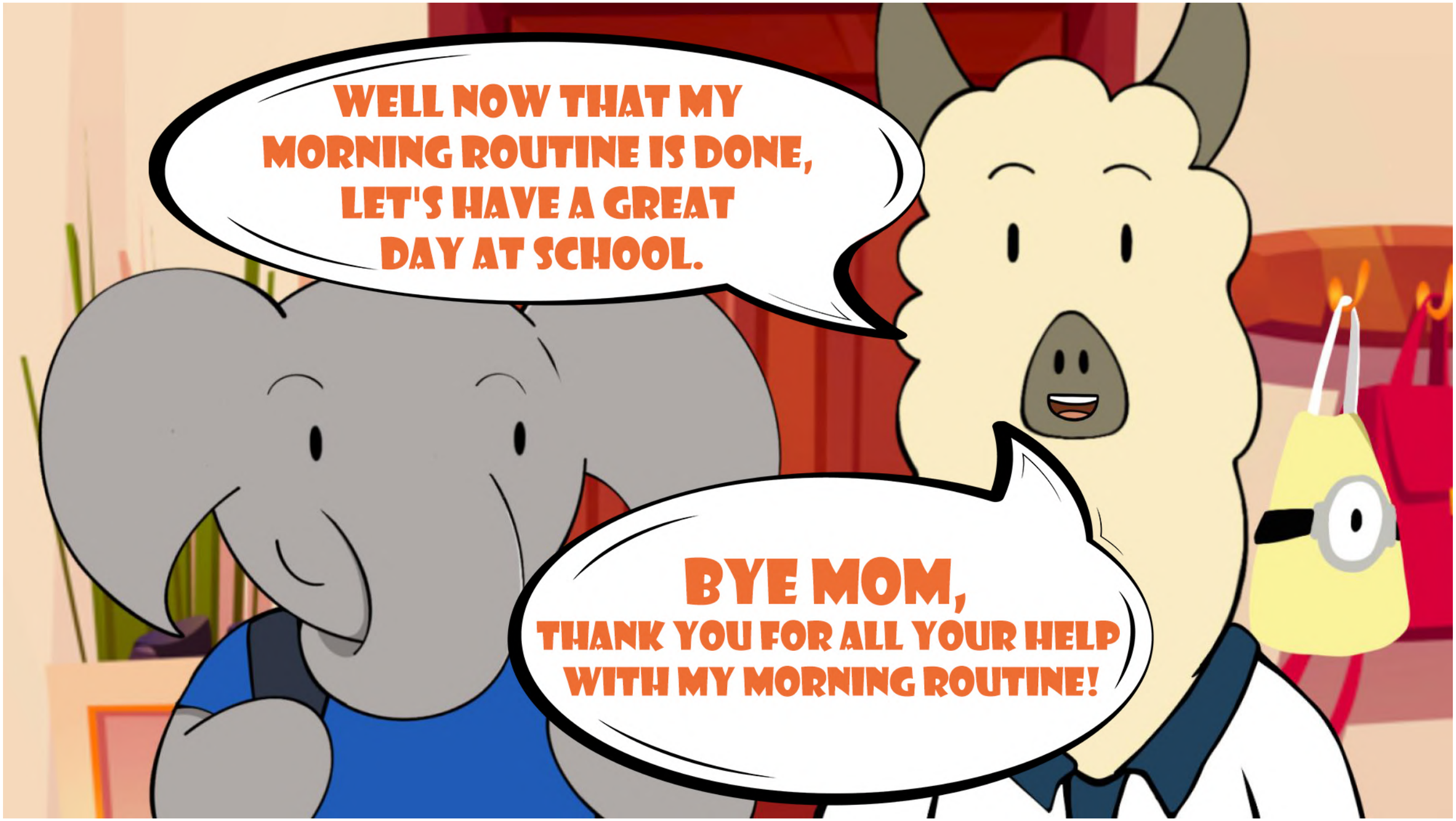

WELL, NOW IT'S TIME FOR ME TO GO TO SCHOOL WITH MY BEST FRIEND ROWAN.


GOOD MORNING,
YOU LOOK READY FOR SCHOOL. LOOKS LIKE YOU'RE DOING GREAT WITH YOUR MORNING ROUTINE.


YOU'RE RIGHT,
I MAY STILL NEED HELP
HERE AND THERE
BUT I'M DOING MY BEST.


YOU ARE,
WHEN YOU FOLLOW YOUR MORNING ROUTINE YOU SHOWER, BRUSH YOUR TEETH, GET DRESSED, EAT BREAKFAST, AND THEN YOU'RE READY FOR SCHOOL.


AND,
WHEN I FOLLOW MY MORNING ROUTINE IT ALLOWS OTHERS IN MY FAMILY TO FOLLOW THEIR MORNING ROUTINES, TOO.


WELL NOW THAT MY MORNING ROUTINE IS DONE, LET'S HAVE A GREAT DAY AT SCHOOL.
BYE MOM,
THANK YOU FOR ALL YOUR HELP WITH MY MORNING ROUTINE!

WH Questions

1) Why is it important for Larry to take a shower in the morning?

2) Who helps Larry with his Morning Routine?

3) Name three things Larry did for his morning routine?

For More Resources
and Information please visit:

www.autismbehaviorservices.com

For More Information on
Autism or Careers in autism please contact:

1-855-581-0100

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